

SmartLog App Overview

Introduction

The SmartLog app (application) is designed for use with CareSens Blood Glucose and Ketone Monitoring Systems, to help users track, monitor and share their blood glucose and ketone levels by providing the following features:

- Data transfer from your meter to your mobile phone
- Data analysis using various graphs

The SmartLog app is available for Android and iOS smartphones. Functions available on the SmartLog app may vary depending on your mobile device. For your device specifications, please contact the mobile device manufacturer.

Getting Started

After reading and agreeing to the Terms and Conditions, please read these instructions carefully to ensure that you get the most out of your new SmartLog app. Instructions are also available in the app under *More*.

For optimal performance we recommend that you personalise your SmartLog. To do so, select Personal Settings or Later on the SmartLog home screen and follow the instructions. Personal settings can also be found in *More*.

Summary

The Summary screen displays a graph and a diary of data recorded over the past seven days.

More detailed information can be found by selecting the graph (link to *Trend Graph*). You can edit the logbook by pressing a logbook entry (link to *Add*). Data transferred from your meter cannot be modified except for meal-flagging.

Add

You can manually add glucose and ketone values, along with the date, meal-flagging, pictures and additional information. You can add an image by taking a new photo or by selecting one from your photo album/gallery.

Make sure to select the Save button. Your entry can be viewed in *Summary* and *Logbook*.

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Reports

Trend

Glucose/Ketone: A graph generated based on your blood glucose and ketone values allows you to analyse trends.

Weight: A graph generated based on your weight values allows you to analyse trends.

Statistics: Provides a statistical report of blood glucose and ketone averages, standard deviations and tests per day for a selected date range.

A summary of blood glucose results are presented in a colour format for simpler review:

- Above the maximum target (blue): total number of measurements and its percentage.
- Within the target range (green): total number of measurements and its percentage.
- Below the minimum target (yellow): total number of measurements and its percentage.
- Hypo (red): total number of measurements and its percentage.

Share: You can email these reports after providing user information (press Edit to add).

Please note: i-SENS Inc. is NOT responsible for the security of user information when unencrypted email or software is used to share the report.

Daily Graph

Tracks blood glucose values over 24-hour periods, and allows for comparing multiple days of data organised by hour of the day.

You can select to view individual graphs showing the following average blood glucose values: Overall, Before Meal, After Meal and Fasting.

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Logbook

Shows stored data in chronological order. You can review the data selectively by selecting the data type option. You can also edit the data manually by selecting an entry (link to *Add*).

Press the arrow/envelope icon to share your logbook via email (csv file).

Trend Comparison Graph

Allows different trend graphs, including blood glucose, blood ketone and insulin, to be viewed simultaneously. You can modify the date range reviewed.

More

Personal Settings

User Information: Enter the following information to enable sharing of trend analysis

- Select User Information.
- Enter Last Name and First Name.
- Select Date of Birth.
- Select Gender.

Alarm: You can program the alarm to either play a melody or vibrate at the set measurement times. You can name individual alarm calls and select types of measurement.

Unit: You can set the units of measurement for blood glucose, weight unit, and blood pressure individually. The units you set will appear in reports such as *Summary*, *Add* and *Reports*.

Accessories

Registered Device: List of devices registered in the app.

Blood Glucose Meter: List of supported Blood Glucose Meters. Follow the guide to register.

Blood Pressure Meter: List of supported Blood Pressure Meters. Follow the guide to register.

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Blood Glucose Settings

In conjunction with your health care professional, you can enter a target range for your glucose monitoring and alert levels for 'hypo' (low glucose) and ketone levels.

When a glucose level range has been set, the results will be colour coded in *Summary, Add and Reports*:

- Above the maximum target value: blue.
- Within the target range: green.
- Below the minimum target value and above hypo: yellow.
- Hypo: red

Backup (iOS)/Data Sharing → Backup (Android)

The Backup function enables you to send data via email (csv file).

Push (Data Sharing)

Push Setting: The Push function is available only when it is turned on, and allows sharing of data via the app with a 'friend'.

To use *Add Friend*, your friend must also have an ID, and the *Push Setting* must be activated on their mobile device.

- Create your own ID by selecting Request on the Create ID menu.
- Enter your friend's ID on the Add Friend menu, and then Ask for Sharing.
- Sharing data will be available on your friend's mobile device once the sharing request is accepted.
- You can view shared data in Push History or pop-up message.
- To remove friends from the list and to stop sharing data with them, select the Delete button from the Friends List

You can have up to 5 friends on your list, and you can send a maximum of 100 messages a day.

Push History: You can view all previously shared data sent by friends. The blood glucose data is stored in chronological order as received. The data will be automatically deleted seven days after received, and measurements can be deleted individually.

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Synchronisation

SmartLog: This requires a SmartLog account (<https://smartlog.i-sens.com>). You must be logged in to synchronise data between the SmartLog app and SmartLog Desktop via SmartLog cloud.

Login: Enter your SmartLog ID and password.

Create Account: To create a SmartLog account.

Find password: You have a SmartLog account but cannot remember your password

When logged in:

Sync Now: Synchronise data manually with the SmartLog server.

Auto Sync: Synchronise data automatically with the SmartLog server.

Sync over Wi-Fi: Synchronise data only over Wi-Fi.

Log out: If you sign out, you will not be able to use synchronisation function.

Delete account: To delete your account

SmartLog Clinic: This function is not currently available worldwide.

Help

User guide for the SmartLog app.

App Info

The version information of your SmartLog app can be found on your mobile phone. If your SmartLog app is not the latest version, you may update the app on the App/Play Store.

Notice

[i-sens.com](https://www.i-sens.com)